



What's Going On Inside the Brains of our Children?

Date: July 11 **Where:** Ka-Na-Chi-Hih Solvent Abuse Treatment Centre

Time: 8:30 a.m. sign-in; 9 a.m. - 4 p.m. seminar

Cost: Free event with snacks and lunch provided

Join us for a day about understanding our children's development - from emotional connections to making sense of sensations, social interactions, reading, writing and planning. This can help us support their amazing journey!

Who is Invited?

Parents, grandparents, other supportive adults, day care providers, professionals and teachers are all most welcome!

Who is sharing information?

Paula Aquilla is an expert on children and youth development and is an experienced trainer working with First Nations in Ontario and western Canada.

What will the day look like?

We will learn about child development in 4 stages:

1. Sensory processing and early emotional connections
2. Development of posture, gross motor skills and coordination
3. Development of fine motor and visual motor skills
4. Development of regulation, school related skills and executive functions (for example, impulse control and planning)

For each stage, we will have activities for the participating children to support their development.

To Register

Contact Lynda Banning of Anishinabek Nation.

Tel: (807) 657-9383 Email: lynda.banning@anishinabek.ca



Paula Aquilla is an OT and experienced educator with First Nations.



ACTIVITIES! Please dress comfortably and join in!



How can I support children and youth through art and play?

Date: Thursday, July 12

Where: Ka-Na-Chi-Hih Solvent Abuse Treatment Centre

Time: 8:30 a.m. sign-in; 9 a.m. – 4 p.m. seminar

Cost: Free event with lunch provided



Arts-based Registered Psychotherapists
Jessica, Louisa, Sandra and Trish

Join us for a workshop about how the arts and play can support healthy child and youth development – from emotions and self-expression to self regulation and social interaction.

Who is Invited?

Parents, grandparents, other supportive adults, day care providers, professionals and teachers are all most welcome!

Who is sharing information?

Arts-based Registered Psychotherapists from Aptus Treatment Centre with experience supporting people who have trauma, mental health disorders, developmental disability, etc.



What will the day look like?

We will explore:

- the significance of art & play in child development
- how the arts and play can be therapeutic
- the benefits of working with different art materials

Art, Play & You

Together, we will have the opportunity to do art activities, ask questions and learn practical strategies to support children & youth!



To Register

Contact Lynda Banning of Anishinabek Nation.

Tel: (807) 623-8887 Email: lynda.banning@anishinabek.ca

RESOURCES TABLE! *Everyone can check out art materials & help themselves to handouts!*